

## **PRAYER CLUB - BASIC SACRAMENTAL**

### **SIGN OF THE CROSS**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **THE LORD'S PRAYER**

Our Father, who art in Heaven, hallowed be thy name; Thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

### **HAIL MARY**

Hail Mary, full of grace! The Lord is with thee; Blessed art Thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **GLORY BE**

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

### **ANGEL OF GOD**

Angel of God, my guardian dear, to whom His love entrusts me here, ever this day be at my side to light and guard, to rule and guide. Amen.

### **MORNING OFFERING**

Divine Heart of Jesus, I offer thee through the Immaculate Heart of Mary, all my prayers, works, sufferings and enjoyments of this day, in atonement for my sins, for the wants of the Church and for all the poor souls in purgatory. Glory to the Father and to the Son, and to the Holy Spirit; as it was in the beginning, is now and will be forever. Amen.

### **ACT OF CONTRITION**

O my God, I am heartily sorry for having offended thee, and I detest all my sins, because I dread the loss of heaven and pains of hell, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

### **THE APOSTLES' CREED**

I BELIEVE IN GOD, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead; He ascended into Heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

**TEN COMMANDMENTS**

1. I am the Lord Thy God; thou shall not have strange Gods before me.
2. Thou shall not take the name of the Lord thy God in vain.
3. Remember to keep holy the Sabbath day.
4. Honor thy father and mother.
5. Thou shall not kill.
6. Thou shall not commit adultery.
7. Thou shall not steal
8. Thou shall not bear false witness against thy neighbor.
9. Thou shall not covet thy neighbor's wife.
10. Thou shall not covet anything that belongs to thy neighbor.

**MYSTERIES OF THE ROSARY**

**THE JOYFUL MYSTERIES**

1. The Annunciation
2. The Visitation
3. The Birth of Christ
4. The Presentation of Jesus
5. The Finding in the Temple

**THE SORROWFUL MYSTERIES**

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

**SPIRITUAL WORKS OF MERCY**

1. Counsel the doubtful
2. Instruct the ignorant
3. Admonish the sinner
4. Comfort the sorrowful
5. Forgive injuries
6. Bear wrongs patiently
7. Pray for the living and the dead

**THE GLORIOUS MYSTERIES**

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Crowning of Mary

**THE LUMINOUS MYSTERIES**

1. The Baptism of Jesus
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Holy Eucharist

**CORPORAL WORKS OF MERCY**

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Visit the sick
5. Shelter the homeless
6. Visit the imprisoned
7. Bury the dead